Orphir Community School Newsletter Wednesday 30 Mindful March 2022

Head Teacher's Headline

Well... Drum Fun sure was fun! The boys and girls (big ones too) absolutely smashed it! We got lucky with the weather, and it was a wonderful opportunity for the children to have a go at something new together (Keep Learning) and let out some steam. I was thankful that it was a sunny day and they got to drum away outside to their heart's content.

Mindful March - School

Mindful March has been a great success. We have succeeded in drawing attention to the importance of looking after our own and others wellbeing and the ways this can be done. This is something that we hope to continue drip feeding and develop annually to raise an awareness of all aspects of wellbeing - physical, emotional and mental. This will evolve in its own way making it relevant to us here in Orphir.

CONNECT

With the people around you. With family, friends, colleagues and neighbours. At home, work, school or in your local community. Think of these as the cornerstones of your life and invest time in developing them. Building these connections will support and enrich you every day.

Go for a walk or run. Step outside. Cycle. Play a game. Garden. Dance. Exercising makes you feel good. Most importantly, discover a physical activity you enjoy and that suits your level of mobility and fitness.

BE ACTIVE

TAKE Notice

Be curious. Catch sight of the beautiful. Remark on the unusual. Notice the changing seasons. Savour the moment, whether you are walking to work, eating lunch or talking to friends. Be aware of the world around you and what you are feeling. Reflecting on your experiences will help you appreciate what matters to you.

Try something new. Rediscover an old interest. Sign up for that course. Take on a different responsibility at work. Fix a bike. Learn to play an instrument or how to cook your favourite food. Set a challenge you will enjoy achieving. Learning new things will make you more confident as well as being fun.





Do something nice for a friend, or a stranger. Thank someone. Smile. Volunteer your time. Join a community group. Look out, as well as in. Seeing yourself, and your happiness, linked to the wider community can be incredibly rewarding and creates connections with the people around you.

Red Nose Day

You all managed to nail the brief with this one anyway! Between colourful, combed back and fabulously jazzy hair to bright, unmatching and truly vision blurring clothes we managed to have a great day. Our JustGiving page is sitting at £120 currently and closes on Thursday 31 March if anyone still wishes to donate. Even though we all had a good laugh and a giggle the children all remembered the importance of the occasion and talked about it sensitively. Thank you for your donations and efforts. Donations can be made using our just giving link below.

https://www.justgiving.com/fundraising/orphir-community-school1

Bag The Bruck

Bag the Bruck is back!

As in previous years, pre-Covid, we (all staff and Primary 1-7 children) are 'bagging the bruck' in and around the Orphir Village within the 30mph signs.

We are planning to do this the first week back so please ensure that if the children have their wellies home with them over the holidays they are back the first week to allow them to take part.

Weather and staff permitting we will be planning this on the afternoon of Thursday 21 April.

Parent Appointments

These will now take place after the holiday on Wednesday and Thursday 27-28 April.

With restrictions easing we look forward to welcoming you all back into the school. I almost feel we should roll out a red carpet and cut a ribbon as the first person walks through the doors!

We will re-issue appointments the first week back after the holidays.

Finally from me...

I hope you all have the most wonderful holiday. I know I sound like a broken record, but I do need to thank you all for your patience, understanding and support over the past few weeks. COVID has hit many of you hard and for me to not recognise that would be ignorant. We have got through it together and thankfully in recent days have been graced with some glorious weather. Hopefully after the holiday things will be more like the way they used to be and we look forward to welcoming you back inside the school building. Kind regards,

Grant Thomson

Grant Thomson Linked Head Teacher Orphir, Flotta & Stenness Community Schools

School Meals

School meals will be increasing to £2.70 from next term. Please see the photo below letting you know the different options. If you have any queries, do call the office and speak to Shona who will be happy to answer any questions.

Primary Tariff

Meal Deals	Pupils
Meal deal 1	£2.70
Homemade soup and Main course / Baked	
tattie or Sandwich	
Meal deal 2	£2.70
Main course / Baked Tattie or Sandwich	
with Fresh fruit / Pudding or Yoghurt	
Meal deal 3	£2.70
Soup with a Sandwich and Fresh fruit,	
Pudding or Yoghurt	



If you have an allergy, please ask a member of kitchen staff for guidance on what foods will be suitable for you

Drumming in the sun!













Sporting Headlines!

The Orphir Community School Netball team did awesome this year!

They came equal first of the Hrossey league. (second on goal difference, but the first sentence sounds better (5)).

Missing from the photo: Leia.



Print me out and put me on the fridge!



Date	Event	Notes
Tuesday 19 th April	First Day of Term 4	
Thursday 21st April	Bag The Bruck	
Thursday 5 th May	Orphir Parent Council	All Welcome!
Wednesday 27 th April	Parent Appointments	Times will be issued first
Thursday 28 th April		week back
Thursday 2nd June	Schools Closed	Queen's Platinum Jubilee
Friday 3 rd June		
Monday 6 th June	Schools Closed	In-Service Day
Monday 13 th June	KGS Transition	P7 pupils only
Tuesday 14 th June		
Thursday 16 th June	P6/7 Wellbeing Festival	This is in replace of a
Friday 17 th June	P6/7 Wellbeing Festival	residential trip
Wednesday 22 nd June	Sports Day	Provisional date
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Thursday 30 th June	Last day of Term 4	Happy holidays!

School Term Dates 2022. All dates are inclusive.		
Term 4	Tuesday 19 April to Thursday 30 June	
Schools closed	Thursday 02 June & Friday 03 June	
Schools closed	Monday 06 June	
Term 1	Tuesday 16 August to Wednesday 5 October	
Term 2	Monday 24 October to Wednesday 21 December	

