

Orphir Community School

Tuesday 11 February 2025

Safer Internet Day

Tuesday 11th February is Safer Internet Day. One of our pupil voice groups, Media and News have been promoting the safe use of the internet and would like to share some information with you to help keep you safe online.

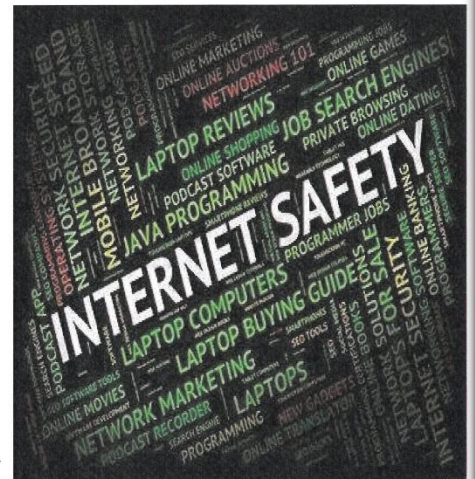
The group have already presented at an assembly to the whole school and have done a very good job at raising an awareness of the importance of keeping safe whilst online. They would now like to share with you all some of their communication. We hope that you find it interesting and it helps promote safe use of the internet.

Mr Thomson & The Media & News Group

James P5



SAFER INTERNET DAY



Yep, that's right safer internet day is coming on Tuesday the 11th of February here are some facts and ways to be safer on the internet:

An online attack takes place every 39 seconds.

Keep your passwords private.

Inform your family or a guardian if anyone bullies you online.

Use cybersecurity software.

Create strong passwords.

Beware of fake accounts and profiles.

2

Follow your family rules.

Family rules are there for a reason and are there to keep you safe.

Make sure to follow them whether it's how long you're allowed online, staying off social media until you are a certain age or even sticking to the apps that you are allowed.

Don't stay online for too long!

The internet is an amazing place with lots of different things to do.

From learning to chatting, music to videos and gaming to reading.

It can also become addictive and we need to make sure that we make time for other things too!



internet

never do this

don't login to a game or a video even if your friend or cousin it is not safe



never do this

keep your password private. if you see something offensive shut your laptop and tell an adult

Safety

Harry P6

INTERNET SAFETY

In the current day where the internet is used for so much, internet safety is one of the MOST IMPORTANT things to learn. The first thing to learn is to Watch for viruses! If something seems dishonest, it probably is! Never download a .zip file from a random website, the scammer could use it to get details like your bank account or worse!



SAFETY IN GAMES. If you find a game that seems untrustworthy, do not get it! It could be running scripts! When gaming, NEVER use your real name, instead, use a made-up name.

STOP-CLOSE-TELL-REPORT. STOP – stop what you are doing, do not reply to the comment and/or message! Close – close the laptop/computer. Tell – if you are a child, tell a trusted adult! Report – once you've done the steps, come back later and report the harmful material!

LINKS. Never click on dishonest links, even opening a website can run scripts and/or inject a virus into your operating system!





Primary 6-7 Letter

An email/Xpressions has been sent separately with a letter from School Meals that applies to P6-7 pupils only.

School Meals Menu

The new menus for Primary and Nursery children have also been emailed separately (for ease of finding). Please do ensure you continue to order meals in advance (Thursday of the preceding week) to allow us to print off the orders for serving.

Reminders - Dates for the Diary

Mid-Term/In-service

School and Nursery will be closed on the following dates this term:

- Thursday 13th February.
- Friday 14th February.
- Monday 17th February.
- Tuesday 18th February.

The last day of Term 3 will be Friday 4th April with the first day of the following term being Tuesday 22nd April.

National Dental Inspection

This will take place for Nursery through to P7 on Tuesday 4th March. A letter is attached for you to remind you what it is all about.

World Book Day

Thursday 6th March 2025

Children will be doing some work in school making characters and scenes from their favourite books and these will be saved and displayed on our Class Assembly day on 24 March.

Reporting Progress Evenings

Tuesday 11th March and Wednesday 12th March.

Shona will be in touch nearer the time but if you have a preference for a date and time then please contact her at your earliest convenience.

Comic Relief

Friday 21st March 2025 - more details to follow.

Class Assemblies

Both classes - Monday 24th March at 2:30 PM. Parents and extended family members are welcome (and encouraged!) to join us at these.

Intergenerational Event

Friday 28th March 2025. More details will follow nearer the time but please do let Grannies, Grandads, friends and neighbours know to mark the date in their diaries.

Advance notice for Next Term:

Fluoride Varnish Application

Tuesday 29 April - this will be for Nursery to P7 children.

Free Family Play Sessions and Parent Workshops for Nursery and P1 Parents

(Information on the workshop below)

Friday 2 May

All nursery children AND parents

10:00-11:00- Session 1 (Nursery)

All Primary 1 Children AND Parents

11:30-12:30- Session 2 (Primary 1)

PlayTalkRead is delivered by Smart Play Network as part of the Scottish Government's Parent Club initiative. Our aim is to promote the importance of the home learning environment for early language development and deliver key messages to parents and carers about playing, talking, and reading with their child from birth.

Our family play sessions will be very relaxed, informal and play based, and we will provide all resources, materials, and activity ideas that are creative and interesting that make language learning fun.

Public Dental Service
Dental Department
The Balfour
Kirkwall, Orkney, KW15 1NZ
Telephone: (01856) 888258
Email: ork.oralhealth@nhs.scot

15 October 2024

Dear Parent/Guardian

SCHOOL DENTAL INSPECTIONS – ACADEMIC YEAR *2024-25*

The NHS in Scotland runs a programme of dental inspections of children in Nursery and Primary school classes. This programme is managed and run by all the Health Boards in Scotland and Public Health Scotland (PHS).

The inspections are carried out by a Dentist, with support from another team member. All are employed by NHS Orkney. High standards of hygiene are followed and no X-rays are taken.

Dental inspection information that identifies your child will be used by NHS Orkney to tell you about your child's dental health and need for dental care. If they are registered with an NHS dentist, NHS Orkney may also tell their dentist about the findings. If your child is not registered with an NHS dentist, NHS Orkney may offer you help in finding one for them.

NHS Orkney will share the findings with PHS. This is in order that the dental inspection information can be used to help with the planning and delivery of NHS dental services across Scotland. Sometimes the information will be used to carry out research. The inspection information is anonymised for these purposes where at all possible.

Information from your child's dental inspection will be held by NHS Orkney and PHS. The NHS will make sure that your child's information is stored safely, stays private and is only accessed by authorised people. This is in compliance with the European General Data Protection Regulation (GDPR) and the UK Data Protection Act 2018. All NHS staff have a legal and contractual duty to keep personal health information secure and confidential. All staff have mandatory training in Data Protection and IT security. Further information can be found on the reverse of this letter.

If you have any queries in relation to the inspection programme, please call the number above.

If you do not want your child to have this dental inspection, please write to us at the above address or email, within one week of receiving this letter. Please include your child's name, school and class in your communication with us.

Yours faithfully

NDIP Team

The legal basis for NHS Orkney and PHS using this information is to promote and improve the health of your child and other patients and/or manage the NHS health care system and services in Scotland.

You have various rights in relation to your child's information. Please see the Data Protection pages of NHS Orkney at <https://www.ohb.scot.nhs.uk/your-information-and-how-we-use-it> and Public Health Scotland at [Personal data processing - Our privacy notice - Public Health Scotland](#) for further information and the period for which the information will be held.

Contact details for those organisations can also be found via those links. If you need help to access this information, please contact NHS Orkney.