

Orphir Community School

Tuesday 25 Mindful March 2025

Certificated Congratulations!

Aria	Excellent paired Project work
Freya T Oskar	Independent writing in their Shapinsay booklet
Freya T	Excellent listening in Music
Emily	Playing with and caring for her brother so nicely in Plan-Do-Review
Ernest	Playing with and using his initiative to help a Nursery child in Plan-Do-Review
Videl	Suggesting ideas nicely while playing with a Nursery child in Plan-Do-Review
The people below were recognised in our 5 ways to Wellbeing, part of mindful March.	
Oran Henry	Doing extra Comic Relief laps during play time
Balfour	Having confidence to do a great job of independent writing
Elara	Writing sentences with super finger spaces in News

Do feel free to come and have a look at our different boards in the school with your children after school: Congratulations, Wider Achievements, Wellbeing Wall.



Comic Relief

Thanks to everyone who has donated to Comic Relief for our children doing the 40 laps for the 40th year of Comic Relief. Our total raised is in the region of £950. The link below finishes at the end of this week if you still wish to donate.

<https://www.justgiving.com/page/orphir-community-school-comic-relief-2025/admin/edit>

Intergenerational Event

Friday 28th March 2025. See the poster at the end of the newsletter. Children from P1-7 received 2 invites recently to hand out to neighbours, grandparents and family friends but they do not need a paper invite to come. Folk can just come along. Please remember that this is not an event directly aimed at parents but different generations.

P1-7 Filming Consent Form

The children will have a Filming Consent form home (one per family) with them today about the Island Games opening ceremony. In order for your child(ren) to be filmed, this does need that separate form. Please return completed forms by Friday 28 March indicating consent or not.



Tabletop Sale

Monday 31 March from 2-3pm at the school

Donations can be brought in all week for next Monday's tabletop sale. We welcome donations of books, toys, plants (take plants in on Monday 31st only please).

Swimming – P4-7

Swimming starts for P4-7 only at the start of next term for the following dates:



25 April
9 May
16 May
23 May

30 May
6 June
13 June
20 June



All pupils are expected to have swimming costume/trunks (well fitting - too big or peedie does not do in a swimming pool 😊) and goggles when going swimming as part of the school curriculum. We have some funding available to families who don't already have these for their child(ren). If you have any problems at all sourcing these items, please get in touch with Shona at the school office who will be able to help.

Henry Healthy Families From Public Health:

HENRY Healthy Families: Growing Up (HFGU) 8-week programme for parents/carers of primary school children.

The programme provides a range of support, skills and resources to help build upon and achieve a healthy lifestyle focusing on building parents' confidence and strengths. Together the group will explore key themes such as emotional well-being, whole family lifestyle habits, mealtimes, screen time, sleep and physical activity.

It is free and is available to any parents/carers who have a child, or children, aged between **5- 12 years** old. The programme will run in-person from

Wed 30th April until Wed 11th June
between 7pm and 9pm at 'The Hub', SDS Building, Kirkwall.

Parents can book a place by emailing us at ork.henry@nhs.scot, telephoning 888084 or filling in our 'getting in touch' [form](#).



Healthy, thriving children and families



HENRY's free **Healthy Families: Growing Up** programme is for parents and carers of primary-school age children - it will help you develop a healthier, happier lifestyle that the whole family can enjoy.

The programme covers these 5 themes across 8 sessions and provides everything you need to help your children flourish.

- Feeling more confident as a parent
- Physical activity for the whole family
- What children and the whole family eats
- Family lifestyle habits
- Enjoying life as a family

Get
in touch
to sign up
now!

"This was the best thing I could possibly have done to help me be a better mum"



Programme details

Healthy Families: Growing Up 8-week Programme
When - Every Wed for 8 weeks starting Wed 30th April 2025, 7-9pm
Where - The Hub, SDS Building, Kirkwall

Contact Us

Email: ork.henry@nhs.scot

Tel: 01856 888084



School Holidays

The last day of term is Friday 4 April. Do remember to tell the school if your child isn't in school for days leading up to the school holidays or afterwards.

School term dates - 2024 / 2025 (all dates are inclusive)

Spring holidays	Monday 7 April – Monday 21 April (Easter Monday 21 April)
Term 4	Tuesday 22 April – Friday 4 July. (52 days)
Schools closed	Monday 5 May (May Day holiday).
Schools closed	Monday 2 June.

Advance notice for Next Term:

Fluoride Varnish Application

Tuesday 29 April - this will be for Nursery to P7 children.

Free Family Play Sessions and Parent Workshops for Nursery and P1 Parents at the School (Information on the workshop below)

Friday 2 May

All nursery children AND parents

10:00-11:00- Session 1 (Nursery)

All Primary 1 Children AND Parents

11:30-12:30- Session 2 (Primary 1)

PlayTalkRead is delivered by Smart Play Network as part of the Scottish Government's Parent Club initiative. Our aim is to promote the importance of the home learning environment for early language development and deliver key messages to parents and carers about playing, talking, and reading with their child from birth.

Our family play sessions will be very relaxed, informal and play based, and we will provide all resources, materials, and activity ideas that are creative and interesting that make language learning fun.

P7 Hoy Residential Trip

6-9 May 2025 for P7 pupils only.

Paper work will follow shortly.



MONDAY 31ST MARCH
2-3PM
SCHOOL HALL

BOOKS

TOYS

PLANTS

CRAFTS



Orphir Community School Wellbeing Group
invite you to come along and help us raise money for
Orkney Charitable Trust
and toys for our school playground.

Donations welcome to the school by
Friday 28th March

**Orphir Community School invites
older members of our community to an**

Intergenerational Fun Afternoon

**Friday 28 March 2025
2.00pm-3.15pm**



We would like to invite older members of the community in to the school for a fun afternoon of games, refreshments and chat with our P1-7 children. You are welcome to join us even if you have no family connection to the school. If you have any queries, do call 01856 811265 and speak to Shona.

Chat

Snakes and Ladders

Games

Refreshments